

YOU MAKE A DIFFERENCE.....

Employee Newsletter

May 26, 2009

I have been blessed these past few months to receive phone calls from several employees who have shared with me how working at Reliable has been a blessing in their lives. Their stories have touched my heart and been a source of great encouragement to me.

I want you to know that God uses those stories, especially on days when the challenges of running Reliable feel overwhelming, to encourage me to do the next right thing. Running this company is a big responsibility and I thank you for sharing with me how this job blesses your life and the lives of those God has given to you to love.

“Whatever you do, do your work heartily, as for the Lord, rather than for men; knowing that from the Lord you will receive the reward of the inheritance. It is the Lord Christ whom you serve” – Colossians 3:23-24

Just for today, you never have to use again. The 12 steps of NA are adapted from AA. We follow their path with a single exception, our identification as addicts is all-inclusive with respect to any mood changing, mind altering substance. Alcoholism is too limited a term for us, our problem is not a specific substance, it is the disease of addiction. Page XV NA

We are taking time to reflect on our gratitude for being the supplier of service for the Memorial Coliseum. This account is hard work and we have literally provided over a thousand jobs in the years we have worked there. We have experienced all kinds of challenges as a cleaning company and grown in our management. People have been able to make friends, pay their bills and participate in healthy work to make a living. We are proud to be their provider of service and look forward to another exciting season in 2010, maybe even another Komet play off Victory!

We bid farewell to Memorial Stadium, we are sad to see it go, we had the honor of tossing a shovel of dirt at the ground breaking. It's been a part of our company history. We are honored to be providing the service at the new ball park as well. Another chapter in our history books.

Quoting the book of Narcotics Anonymous:

I had living problems long before I started abusing drugs, alcohol, people and jobs. I was always angry and resentful at something. It was always someone else's fault. I got kicked off the football team and blamed it on the team mate who told the coach I was using drugs.

I would get busted in school for using drugs and blamed them. So I quit school. Angry at them...

I moved away thinking then it would get better but I took me and my problems with me. There I was in the next town, in the same shape.

I would do anything to get drugs. I couldn't face looking at reality. I couldn't deal with the truth of my world. When I was introduced to the 12 steps of recovery I finally fit in. They told me if I used the steps, my life would get better. Now I go to six meetings a week and I live a life that makes me feel worthwhile.

We extend our heartfelt sympathy to Angie Brockhouse in the loss of her sister and to Flossie Roy in the loss of her husband. We are sorry for you and your family's loss.

If you claim to be religious but don't control your tongue, you are fooling yourself and your religion is worthless.
James 1:26

I saw the angel
in the marble
and I chisled
until I set it free.

-Michelangelo



At Anon-One Day at a time... If I believe that it is hopeless to expect any improvement in my life, I am doubting the power of God. If I believe I have reason for despair, I am confessing personal failure, for I do have the power to change myself and nothing can prevent it but my own unwillingness. Never let me imagine that my happiness with life depends on what someone else may or may not do. I can learn to avail myself to the immense, inexhaustible power of God.

I am not at the mercy of a cruel fate, for I have the power to determine what my life will be.

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To really communicate with others you must give up three things.

1. You must give up your assumptions. We get into trouble when we start assuming we understand the meaning of what people say to us. The trust is, everything you hear goes through a filter. Your filter is determined by your past experiences and your unique personality. Proverbs 18:13
2. You must give up your accusations.
 - exaggerating, such as "you never or you always..."
 - Labeling
 - history bashing: bringing up past hurts you say you have forgiven.
 - asking leading questions "can you do anything right?"

These things are intended to harm. The bible says in Ephesians 4:29 Do not use harmful words, but only helpful words, the kind that build up and provide what is needed, so that what you say will do good to those who hear you.

3. You must give up your apprehensions. Fear prevents honest communication. It causes us to fail to confront the real issues. People are typically afraid of failure or rejection. Read John 8:32 where Jesus said "you will know the truth and the truth will set you free".

I hope that you, and I, will listen well. Hear others hearts and support their dreams and struggles.

