

RELIABLE CLEANING EMPLOYEE NEWSLETTER

December 7, 2009

She caught a fish !!!!! We are excited to report Beatrice Scott caught a fish while cleaning her building. She received her prize at the office this week. Keep looking for those two inch cardboard RCS fish.

Mattie Robertson was also a lucky winner and located the hidden fish at her job site, she wins a prize too!

Hi Misty!

RCS IS BEST



Tips & Tricks . . .

Mop using COLD water and very little soap.

SALT- I know, you don't even want me to mention it. But that time is coming and so we want to remind you that before you turn on the vacuum sweeper, use a broom. Sweep the salt into a pile and either remove it with the broom and dust pan or use the wand on your sweeper to pick up the salt. Then you can vacuum the area. Also change your vacuum bags more often during salt season.

Quoting Joyce Meyer daily devotional

The author says "I went to church for years without knowing that God talks to people. I observed all the religious rules and holidays. I was doing all I knew to do. I could've spent every moment in church but that wasn't going to create a personal relationship with The Lord. I needed to talk to Him. I needed to share with Him my past and let Him talk to me about my future. But nobody taught me that God wanted to talk to me. No one offered a solution for the emptiness I endured. Going from one thing to another seeking peace."

Through reading the Word, I learned that God does want to talk to us and He does have a plan for our lives that will lead us to a place of peace and contentment. The bible says ***For I know the plans I have for you, declares the Lord, plans to prosper you and not harm you, plans to give you a hope and a future. Then you will call upon me and come and pray to me and I will listen to you. You will seek me and find me when you seek me with all your heart. I will be found by you declares the Lord.*** Jeremiah 29:11-14

When we are unwilling to hear in one area it may render us unable to hear in another area.

Take a moment and ask God if there is anyone he wants you to encourage or bless-then be still and listen. Be a blessing this holiday season.

OneDay at a Time-Al Anon

December 7

These words, inspiring work of a Terre Haute Indiana poet named Max Ehrmann and dated 1927.

The Desiderata.

Go placidly amid the noise and haste, and remember what peace there may be in silence. As far as possible, without surrender, be on good terms with all persons. Speak your truth quietly and clearly, listen to others, even the dull and ignorant, they too have their story'.

That is only part of this great poem, which I know because it hangs on my wall at home. I was surprised to have it be today's devotional. Karen

I will not let my inner peace be disturbed by the confusions around me. I will seek to be gentle and tolerant, while maintaining my rights. I will listen and appreciate and not judge the source of what I hear.
Al-Anon page 342

Some of us come to Al-Anon to find out why the alcoholic drinks. (And to learn how to fix him) We are afraid it is because he doesn't love me anymore or because something we have done or not done is upsetting him and making him drink. In recovery from co-dependency we are much relieved to find out that alcoholism is an illness. It is also helpful to learn from our friends in recovery that the very things we are doing to be helpful are actually hindering his ability to recover. With the best of intentions we have been trying to cure him by treating it as willful. By treating the symptoms and covering all the bases. Keeping Him from suffering the consequences his drinking are causing.

For Today...

I will ask God to help me focus on my own problems and allow the alcoholic to take care of his own problems. (Addictions can also be drugs, sexual addiction, anger, shopping, prescription drugs, fitness, rescuing others, etc.)

Daily Reflections AA:

True ambition is not what we thought it was. True ambition is the deep desire to live usefully and walk humbly under the grace of God.

During my drinking years my one and only concern was to have my fellow man think highly of me. My ambition in everything I did was to have the power and to be at the top. My inner self kept telling me something else but I couldn't accept it. I didn't even allow myself to realize that I wore a mask continually. Finally when the mask came off and I cried out to God, the program, the Fellowship and the steps were there so I could learn how to change resentments into acceptance, fear into hope and anger into love. I have learned also through loving without expectations and sharing my concerns and caring for my fellow man that each day can be joyous and fruitful. I begin and end each day with thanks to God who has generously shed his grace on me.

It is our hope this holiday season that you will have a heart filled with love. That your focus will be on your heart and not on your circumstances. It is our prayer that you will in some way this holiday season grow and heal. We encourage you to remember that we are a serviced based business and that what you do here matters. It matters to us, it matters to your family, your creditors, your self worth and your customer. You are earning an honest living providing a necessary service. Be proud of what you do-we are.